

THE PURDUE UNIVERSITY CALUMET CHRONICLE

Week of January 28, 2013

Vol. 32, Issue 14

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Web usability, accessibility to be enhanced

Lauren Van
Staff Writer

PUC is making an effort to ensure that issues are being addressed relating to accessing information and services on the university's website. Beginning in February, a group of website content developers will begin testing the PUC website to enhance the availability and usability of information for students.

There are two main aspects of the project: web usability and web accessibility. Vice Chancellor for Information Services, Frank Cervone, and Interim Vice Chancellor for Advancement, Regina Biddings-Muro, were asked by Chancellor Thomas Keon to look into issues that users were having with the PUC website.

According to Cervone, his previous experience makes him prepared and ready for the task given to him.

"As I have been working on human-computer interaction projects and testing for over 20 years, this is a natural fit for me," Cervone explains.

He is now responsible for training PUC's website content developers to promote web site usability testing, as well as beginning the process of performing usability tests on the various parts of the university's website.

"The goal of the tests is to enhance the university's website so it better meets the needs of our current and future students," Cervone shares.

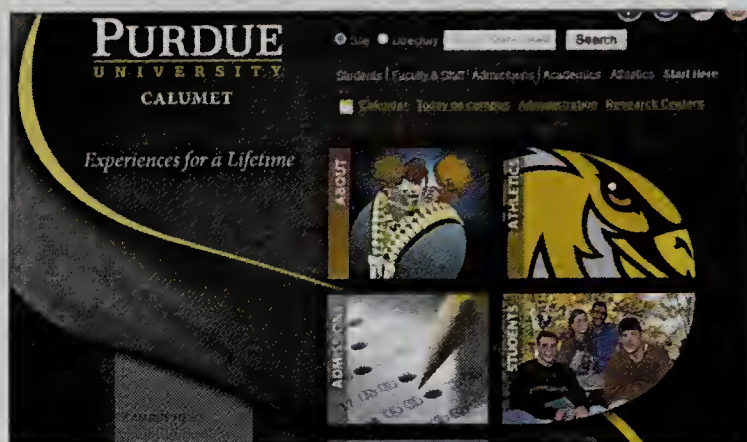
The current focus is to train content developers, but faculty and staff are expected to become more involved over the course of the project. Content developer training is underway, and tests

are expected to begin in late February. The goal is to have the tests completed by early May.

To better web accessibility, content developers are evaluating every document, web page and application available on the PUC website. The objective is to make every page in compliance with Web Accessibility policies.

Web Accessibility policies were first developed by Purdue West Lafayette in March 2010. PUC recently began to implement these policies along with the web usability testing. Pamela Riesmeyer, the PUC Web Accessibility Coordinator, is responsible for meeting deadlines and goals set by the policy guidelines.

"We'll always be working toward making our Web sites accessible to all visitors, but we do have some specific deadlines to meet," she explains.



purduecal.edu

The goal is to constantly make the PUC website easier to use, according to Riesmeyer.

"Making our sites accessible means that we do a few things behind the scenes to help people who have various limitations, such as low vision, blindness, deafness, cognitive issues like learning disabilities and color blindness or who only use a keyboard to get

around a site, not a mouse," she describes. "This really benefits everyone, not just people who use assistive technology."

While web usability testing will be completed by May, Riesmeyer explains that the web accessibility project will be an ongoing, ever evolving process.

Purdue President Mitch Daniels visits PUC campus



Purdue President Mitch Daniels

Lakieta King
Chronicle Correspondent

President Daniels to 'meet and greet' with regional Purdue campuses.

This January, Mitch Daniels traded his role of governor of Indiana for the role of Purdue University's 12th president. With this new role Daniels is also responsible for overseeing all Purdue campuses, including PUC. With the responsibility of overseeing all of Purdue's campuses President Daniels will be visiting each campus.

Chancellor Thomas Keon explained why Daniels will be visiting the different Purdue cam-

puses saying, "This is a meet and greet for him to learn more about the Purdue campuses."

President Daniels' "meet and greet" visits with the regional campuses will begin Jan. 29 on Tuesday morning, stopping first at Purdue North Central then in the afternoon he will visit PUC. Daniels' visit with PUC will be Tuesday afternoon from 3:00 to 3:30 and will be held on the third floor of the Student Union Library Building in Alumni Hall.

Students are encouraged to attend the "Meet and Greet" and to inquire of President Daniels his plans for the future of Purdue and its campuses.

Where 'ideas become a reality' Commercialization Center to be built

Lakieta King
Chronicle Correspondent

The School of Management recently purchased real estate on 7100 Indianapolis Blvd. on which they plan to construct a commercialization center. The school hopes to have the center completed within one year, if they receive the necessary funds of \$ 1 million. This money will be used to completely renovate and reconstruct the pre-existing real estate, creating new classrooms and research centers that will be open to all students.

The central theme behind the commercialization center is to help students market services and projects so that they can share and further develop their work. The center will be a place where students can work and expand on their ideas.

"We want to provide faculty, graduate and undergraduate students with a place that they can turn ideas into business," says Chancellor Thomas Keon. Keon also wants to create a group of "Angel Investors" that will review and consider funding the various projects and services that students create and offer.

The center is intended for the use of faculty and staff, as well as members of the community who may want to help when it comes to funding the ideas of students. Students of any major can use the center to help commercialize and market their new product or service with the help of PUC profes-

'We want to provide faculty, graduate and undergraduate students with a place that they can turn ideas into business.'

sors who will be assisting in the commercialization center.

The Dean of the School of Management, Jane Mutchler, expressed her feelings on the commercialization center and how it will help PUC and the surrounding community.

"The center helps people's ideas become a reality as well as helps students, staff and community collaborate to help Northwest Indiana," said Mutchler.

The director of the Entrepreneurship Center, Dushan Nikolovski, hopes the commercialization center will promote interest in his project The Big Sell, an entrepreneurship competition in which people from all over the U.S. compete, presenting their ideas in front of over four hundred people. The top three competitors win a cash prize, one year of office space provided by the Hammond Innovation Center and a chance to develop a business plan with the help of PUC's marketing students.

Nikolovski wants to raise as much attention about The Big Sell as possible, because he feels that this program and the commercialization center can help many PUC students of all majors get their ideas put into motion.

"This center is good for any student that has an idea, because it helps people who are innovative by giving them support," says Nikolovski.

Though the necessary funds needed for the center's renovations have not yet been collected, plans for donation requests to assist in the funding for the renovations are in the works so the school can meet its goal of completing the commercialization center within a year.

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SAVE THE DATE(S)

Dr. Martin Luther King Jr.

Holiday Celebration

Yesterday's Dream Today's Reality V:

THRUST INTO GREATNESS

January 28-February 1, 2013

Creating a Culture of Peace for
the Children of the World

Exhibit by Soka Gakkai International
SUL, Int'l Concourse East

January 28, 2013

Mayoral Roundtable on Peace,
Reconciliatory Healing and
transformation

11:00 a.m. - SUL, Alumni Hall

January 28, 2013

Ribbon Cutting for Creating
a Culture of Peace for the
Children of the World Exhibit

12:30 p.m. - SUL,
Int'l Concourse East

January 31, 2013

Convocation: Difficult Days

The Promise of Renewal of Hope

This music, oratorica, dance, and
drama filled convocation will be
based on King's "I've Been to the
Mountaintop" Speech.

11:00 a.m. - SUL, Alumni Hall

What's Going On? A look around PUC...

PUC Vocal Company auditions

If you like music and you like to sing, the Purdue Calumet Vocal Company will be having auditions Tuesday, Jan. 29 and Thursday, Jan. 31 at 3:30 p.m. in YJean Chambers Hall, SUL 353. If you cannot be there for auditions, you may fill out an information form located in the envelope on the door of Porter 116E. The group sings for a variety of events on and off campus and is open to students, staff and faculty. We hope to see you there.

Chinese New Year Celebration

Feb. 24, 1:30 p.m. to 8 p.m.

Alumni Hall, Third floor SUL

Come and celebrate the Year of the Snake!

- Traditional Chinese instruments
- Dances combined with Western music
- Games
- Karaoke for all

Advance sale ticket prices are \$7 for students, \$10 for non-students and \$5 for children ages 5-12. Children under five years old are free. All tickets purchased at the event will be \$15, but may not be available.

First Friday Wordsmiths and Books, Brushes and Bands present 'Poetry Pantry'

Purdue's own First Friday Wordsmiths and not-for-profit organization Books, Brushes, and Bands for Education, are pleased to announce its fourth annual creative writing workshop, "Poetry Pantry," which will take place on Saturday, Feb. 23.

Registration is open now—to everyone ages 8 and older.

'Quilters' auditions extended

The Purdue Theatre Co. will hold an additional audition session on Thursday, Jan. 31 from 6:30 p.m. to 7:30 p.m. in YJean Chambers Hall, SUL 353, for the spring musical "Quilters."

"Quilters" tells the story of pioneering American women and their families as they trek West, all the while making quilts and building memories for a lifetime!

Actors needed: 7 women (singing roles) and 3 men (non-singing, may double as stagehands). Technical people interested in helping with lights, sounds, costumes, make up, etc., may also sign up during this time.

Contact Corya Channing, director for the Purdue Theatre Co., at channing@purduecal.edu or call (219) 989-2267 or (219) 989-2357 (leave a message and she will call you back).

International Film Series at PUC presents 'At the Movies: films about movie-going'

The series begins Thursday, Feb. 7 at 6:30 p.m. in CLO 110 with "Cinema Paradiso," Italy, directed by Tornatore, 1988.

For more information, visit webs.purduecal.edu/ifs or contact film series director Steve Lombardo at lombardo@purduecal.edu.

Calumet Toastmasters Club meets in Munster

Toastmasters International is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. The Calumet Toastmasters Club meets at the Family Christian Center in Munster at 7 p.m. on the 2nd and 4th Thursdays each month.

For more information, email calumet.toastmasters@gmail.com or call (602) 541-1339 or visit www.toastmasters.org.

Anyone interested in publicizing events, organizations, clubs or departments in "What's Going On?" must submit briefs the Monday before publication. The Chronicle does not guarantee placement of briefs submitted.

Please limit submissions to four sentences and include the first and last name of the contact person.

Briefs may be submitted via e-mail at pucchronicle@gmail.com or campus cc: mail - Chronicle or to the newsroom located in the Student Union and Library building, room 344H.

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ASSOCIATED
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Down with the sickness



Brian Lynch
Copy Editor

I hate winter.

It's cold, it gets dark far too early and scraping ice off of cars is universally one of the least fun things a person can do. But there's one thing that stands out in particular about this time of year, one thing that never fails to take the wind out of our sails and force any forward momentum to a grinding halt.

Cold and flu season is here again.

It always starts the same way, like the beginning of a zombie movie. You hear a few people coughing and sneezing. Maybe you notice that some of your classmates look run down. You find out a few of your friends and acquaintances aren't feeling so well.

Then, the pandemic is upon you.

Suddenly, every ache and pain is suspect. Was it stray dust from the heating ducts that made you sneeze? Was the all-nighter the reason you are feeling so tired? Is it the Bosco Sticks that aren't sitting well?

Or are you now one of the infected?

I know this story all too well. It seems to happen to me every year. It's gotten to the point where I make a game of seeing how far into the semester I can make it before coming down with

I make a game of seeing how far into the semester I can make it before coming down with something.

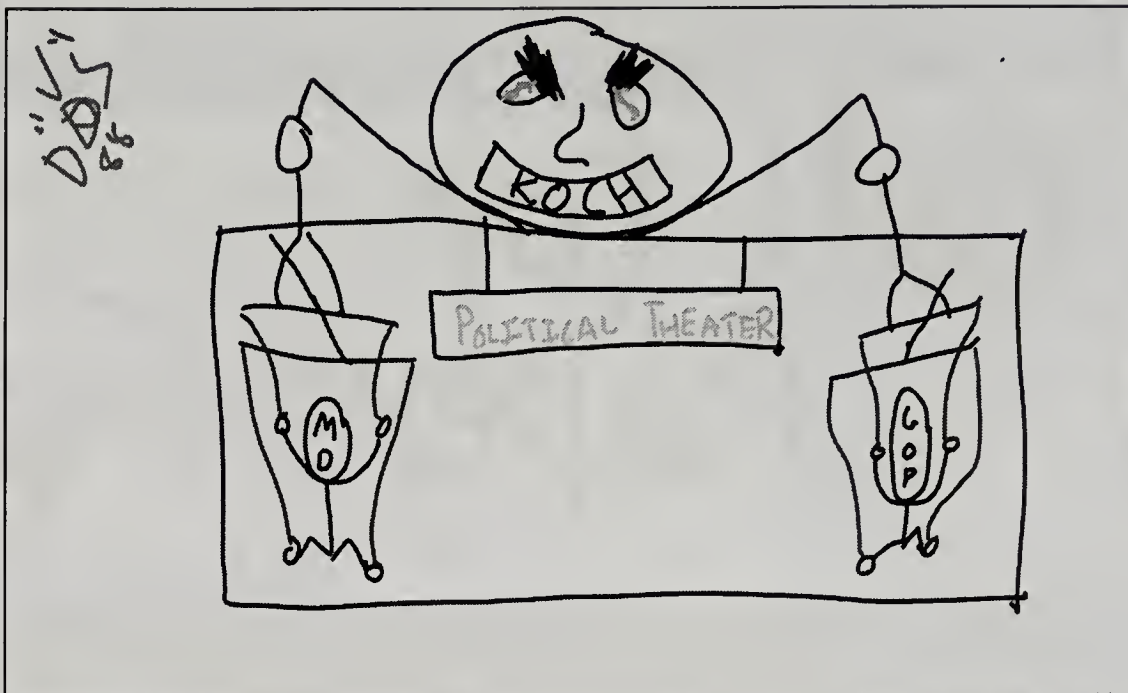
something. A sick, sad game. This time, I made it two full weeks, a new record. I'm having a plaque made.

So for the last few days, I've been living under a blanket, cursing my immune system while finding comfort in hot tea and Netflix. It would be downright pleasant if it weren't for the whole "feeling like death" thing.

To a certain extent, getting sick is unavoidable. When you cram as many students and faculty as PUC has into a confined space, germs are going to get passed around. You can take precautions, like washing your hands multiple times a day and taking plenty of vitamin C. You can even get a flu shot if you're so inclined.

But if you do find yourself playing host to a pack of new and exciting viruses: please, for the sake of your fellow students and colleagues, don't come to campus. Going to class and work is important, but so is the well-being of those around you. If you think you're sick, and there's a chance you are contagious, don't risk infecting everyone within earshot of your whooping cough. Take the hit, stay home and get some rest... because next semester, I'd like to try to make it to three weeks.

Readers can contact Brian at
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or (219) 989-2547.



THE PURDUE UNIVERSITY CALUMET CHRONICLE

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President Daniels' questionable past stances, promising achievements and possible conflict of interest

The issue: In recent polls, corruption in government has polled as the second most important issue to American voters.

Our stance: Corruption is difficult to prove and the President should be judged both on his actions, past, present, and future, and, to a lesser degree, his connection with the board that appointed him.

In a 2012 Gallup poll, corruption in government polled as the second most important issue, behind only job creation, to American voters. A total of 87 percent of those polled ranked corruption as either Extremely Important or Very Important to them in the upcoming elections. With such a great majority of Americans realizing the systemic corruption in their government it is surprising to learn that nothing is being done about it. Corporate lobbyists legally bribe politicians of all sorts with campaign donations and promises of employment after their terms have been served. The revolving door between Washington's political careers and corporate America's lobbyist or "counselors" jobs encourages politicians to answer to their donors more so than those Americans who voted them into office.

There was once a day when corruption was, in a sense, simpler. An interested party would give someone with power a sum of cash or other such payments in return for a favor. Now, in the past, such transactions were done in dark alleys, back rooms, or under the table, but in today's atmosphere it has been systematically legalized through

campaign donations and other avenues. For instance, a governor can appoint trustees to a state university's board the same way the president can appoint practically anyone they deem fit to their presidential cabinet positions. It's not unheard of for a former employee of a certain private sector to leave his or her well-paying job in the sector for a public government job overseeing the operations of the very sector he or she left. Such a conflict of interests has become an expected part of today's political atmosphere.

An extremely relevant conflict of interests can be seen in Purdue University's very own nomination of former Governor Mitch Daniels to the position of Purdue University's president. While serving as Governor, Daniels appointed eight new Purdue trustees and re-appointed two others. In a unanimous decision, those same trustees he appointed approved Daniels' appointment as Purdue president.

Yes, such occurrences should be viewed as suspect and it is understandable that many are calling for President Daniels' resignation for his conflict of interests, but without solid proof of corruption or bias in the appointment there are more

important things to focus on with Purdue's newly appointed president.

Daniels' tenure as governor is impressive on an economic front. He was able to turn the state's deficit in the budget into a significant surplus, improve the economic atmosphere for private business, and create a great number of jobs in the private sector while also decreasing public jobs. On the other end of the spectrum, as governor he opposed gay marriage and civil unions, directly opposing Purdue's open policy offering spousal benefits for domestic partners. He opposed state funding for Planned Parenthood, disbelieves the scientific research of climate change, and opposes affirmative action in university admissions, which makes admission and affording college easier for minority students.

President Daniels' legacy is up in the air, and it could go either way. From a business perspective, his tenure as governor shows promise, but from an academic and personal rights view his footing is loose beneath him. Time will tell how President Daniels will handle running such a prestigious university as Purdue University.

COMMENTS?

Write to us and see your thoughts in print!

The Chronicle Editorial Policy

The views expressed in submitted commentaries and letters to the editor do not necessarily reflect the views of The Chronicle or Purdue University Calumet. The Chronicle is not an official publication of Purdue University Calumet. The Chronicle welcomes reader input. Letters and commentaries must include the writer's name, class standing or other affiliation and a telephone number for verification. The more concise the letter, the better chance of publication. All materials submitted to The Chronicle become the property of The Chronicle. The Chronicle reserves the right to edit for clarity, accuracy, space and news style. Deadline for submissions is the Friday before the publication.

Expansion of language and culture



Michelle Mullins
Entertainment Editor

Over the past couple years, or at least it seems, PUC has taken a few steps in the right direction when it comes to a certain part of the LASS department. Especially when it comes to the foreign language department, things have gotten a bit better. Every day as I walk through the halls of Gyte or climb the steps of CLO, I see more and more languages being offered. Even if it is just an introductory course, it is an extremely positive way to explore different types of cultures along with learning the language. Obviously, the main goal of the class is to get the basic fundamentals down, but getting the little details is always what takes a class from average to extraordinary.

Getting to know about the points that can't be covered in a book is an easy way to perk people up in their seats. Dully reading out the language and piling on the homework won't bring any flies to the honey. Currently, I have taken all levels of German offered here at PUC and have now ventured into Chinese. It is disappointing to see all of the funds that go into the department, but so few students taking advantage of the opportunities. There are only about five or six students in my Chinese class, which really shocked me because I thought more people would want to learn

It is an extremely positive way to explore different types of cultures along with learning the language.

the language and the culture.

This past summer I saw that Russian was being offered, but due to funding I was not able to take it. I have also noticed that Japanese has slowly moved up to more than only one or two levels. Hopefully Japanese, along with other languages such as Urdu, Swahili and even Italian can be brought up to the same level. It would be an unlikely dream for me to see Japanese become a possible minor or even a translation degree before I graduate, but it would surely make me happy to see something else besides Spanish or French being offered.

But students have to show an equal amount of interest to the teachers, so that funding can be provided. Take a leap of faith and learn about the culture straight from the source, the language. Language can build or destroy a culture, and by constantly teaching it to others, it allows expansion of traditions. Language is such a rich and interesting aspect to me, and maybe it was because I never had an opportunity to learn so many different types in one spot but I am certainly taking advantage of it. Eventually, it would be nice to look back at PUC and see that many minors and majors in different languages are offered from Portuguese to Greek.

Readers can contact Michelle at
chronicleentertainmenteditor@gmail.com or (219) 989-2547.

Mitch Daniels: play by play

Dante V. Silguero
Editor-in-Chief

- Signed bill to end Medicaid funding of Planned Parenthood in Indiana
- Received \$25,000 campaign donation from Koch Brothers in 2008
- Served as Director of the Office of Management and Budget during President George W. Bush's presidency
- Former president of Eli Lilly, a drug company that had to pay out \$3 billion in fines for illegal marketing of two of its products, Evista, an osteoporosis drug, and Zyprexa, an antipsychotic
- Created the Indiana Economic Development Corporation, leading to \$18 billion in new investment over four years
- Led Indiana to becoming the 23rd Right-to-Work state
- Led state to a balanced budget without a tax increase in 2005
- Turned an \$800 million deficit into a \$370 million surplus
- Repaid hundreds of millions of dollars of debt from loans taken from public schools, state universities, and local units of government
- Helped Indiana earn a AAA credit rating
- Indiana state has the fewest state employees per capita in the U.S.
- Supported and got passed voter registration laws requiring citizens to show a government issued ID in order to vote
- Privatized the Indiana Toll Road by leasing it, generating nearly \$4 billion
- In 2011, Governor Daniels oversaw massive education reforms supporting charter schools and publicly subsidized vouchers allowing parents to use state government money to send their children to private schools
- Awarded the Theodore Roosevelt Award from the Indiana Wildlife Federation in 2012

Call for Papers for the

21st Annual Clement S. Stacy Undergraduate Research Conference

Abstracts must be submitted electronically as an email attachment to:
undercon@purduecal.edu
no later than **February 8th, 2013.**

Call (219) 989-2401 or visit us at
purduecal.edu/lass for more details.

Papers written by undergraduate students in the following areas will be considered:

- Anthropology
- American History
- American Literature
- American Studies
- Communication Studies
- Comparative Literature
- Cultural Studies
- English and U.S. Literature
- Ethnic Studies
- Feminist Literature
- Foreign Language Studies
- Humanities
- Linguistics
- Literary Criticism
- Modern Languages
- Philosophy
- Political Science
- Psychology
- Rhetoric
- Sociology
- Women's Studies
- World History
- World Literature

April 13, 2013

9:00AM to 6:00PM

Purdue University Calumet

Student Union & Library
Alumni Hall, 3rd Floor
2200 169th Street
Hammond, IN 46323

The Clement S. Stacy Memorial Undergraduate Research Conference is held each year to offer undergraduate students an opportunity to share their significant research in many areas of study. This conference brings students and mentors together from universities and colleges throughout the upper Midwest for lively presentations and discussion.



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Supporting Midwest talent

Michelle Mullins
Entertainment Editor

Blood, sweat, tears and fears were left out on the mat at AAW (All American Wrestling) in the Berwyn Eagles Club in Berwyn, Ill. on Friday, Jan. 26. Fans could be seen jumping from their chairs and screaming their lungs out whenever their favorite wrestler would pull out their signature move. Far from the jaded per-

formers seen on national television every week, just 20 minutes out of Chicago is some of the most intense, interactive and heart-pounding action that \$18 can buy.

The announcer climbed into the 18 foot ring and began to serve the hungry audience what they had all come there for, raw and aspiring talent from all over the region. Wrestlers traveling from Wisconsin, Iowa and of course one of the wrestling capitol of

the nation, Chicago, gathered to put their bodies on the line for a chance at the AAW Heritage Title. Two pre-show matches started out the "Chaos Theory" event. Pre-show matches were used to fire up the crowd, and will not be featured on the DVD release. The spots in these matches are usually filled by wrestlers who are trying to earn a spot on the roster.

After a lukewarm pre-show, the event finally started to heat up with the matches of the tournament. Mat Fitchett faced off against Christian Able, but as the match started to sway from one side to the other, Fitchett landed a perfectly formed 450 splash, a double front-flip body slam from the top rope, and ended the match, advancing to the next round. Davey Vega faced some stiff competition from the muscular Vic Capri, but was able to pull out the win. O'Reilly, hailing from British Columbia and TD Thomas from Detroit, Michigan, had the audience giving a standing ovation at the end. In a very physical 13 minute match that saw both of them kick each other senseless, O'Reilly was able to squeak out a victory.

AAW had its slower moments, populated by video packages and in-ring segments meant to push the storylines, but pretty much everyone was just there for

See Wrestling page 6

Quick and easy comfort



Photo: Lauren Van

The finished product of Lauren's beef stroganoff

Lauren Van
Staff Writer

During the cold months of winter, there is nothing better than comfort food. Packaged and processed foods make an easy shortcut to satisfy cravings, but the results aren't worth it. All of the chemicals and additives included contain unwanted fat and calories that can make you feel sluggish and tired. Basic ingredients are more wholesome and healthy. It is hard to cook for one, or sometimes two because many healthy recipes seem like they are personalized for stay-at-home moms cooking for their family of five that have all day to prepare a meal. A full-time work-

ing, college student cannot spend a lot of time worrying about what to make for dinner. Shortcuts are often taken to satisfy hunger with TV dinners, Ramen noodles, and takeout which can all be very fattening and expensive.

Below is an interesting and homemade spin on a popular comfort food that is also quick, easy, and inexpensive: beef stroganoff. The Hamburger Helper brand is quick and easy but the cooking time of this recipe is exactly the same and it uses basic, healthy ingredients. I came across this recipe while searching for easy homemade meals on the website: Ready Set Eat. This

See Stroganoff page 6



Photo: Michelle Mullins

Current heavyweight champion Michael Elgin performs a stalling vertical suplex for 60 seconds, to former AAW Heritage champion Shane Hollister.



Purdue University
CALUMET CAMPUS

EST. 1946

FOUNDERS DAY
Celebration

FEBRUARY 25, 2013

'Eye Rhymes' makes eyes cross

Jessica Gerlich
Web Editor

Tough. Though. Trough.
Through.

Only a couple of letters differentiate those few words, and not one of them sounds alike. This English-language phenomenon is the basis of John de Cuevas' "Eye Rhymes." The book is wrought with poems featuring these deceiving non-rhyming words.

The verses do not always make much sense, and if they were meant to be taken seriously the book would be a disaster. The mostly-humorous illustrations, which are loosely based on the poems' themes, peppering each page coupled with the ridiculousness of reading phrases like "Don't wait until later/ To drink lots of water/ And try to preserve your soul/ From what's foul/ You ghoul," make the book perfect for any gloomy day.

If reading the book to oneself is not enough, Alec Baldwin ('30 Rock') and Blythe Danner ('Meet the Parents') take turns narrating its verses at www.eyerhymesplus.com. The

EYE RHYMES



by John de Cuevas

Illustrated by Sara Ferguson and Janet Young

Recited by

Alec Baldwin and Blythe Danner

eyerhymesplus.com

'Eye Rhymes' works the mind and the eye with perplexing and humorous poems from cover to cover.

entirety of "Eye Rhymes" is on the website in interactive book form. The narration is somewhat monotonous at points, but that actually makes the poems even funnier to hear read aloud.

The best verses are near the end, when de Cuevas starts using eye rhymes to question food and drink and animals, and then writes a three-page verse about people ("Freud had a feud with Jung in the jungle!").

On the down side, some of the verses read as though de Cuevas thought of all the eye rhymes he could one day and threw them on a page. Even though many of the poems are funny, a handful or more just fall flat. De Cuevas tries to fit a ton of these look-alike words in a book under 50 pages, and his point, that language does not always make sense, is pounded into the heads of readers.

So, when searching for a bout of laughter and confusion at the same time, pick up "Eye Rhymes" and remember that "There's no breath/ In death/ And before you quit the hearth/ For a hole in the earth/ They give you a wreath/ From the heath."

Exiting one world,
entering another

Jessi
VanKley
News
Editor



This break, I spent a lot of time seeing films and re-watching older movies with my significant other. During this movie binge we, like many, saw "The Hobbit", "Les Miserables" and "Django Unchained" not to mention re-watching "The Lord of the Rings" trilogy. During this movie binge I found that I was neglecting an old friend, and the more movies I watched in crowded theaters with people speaking loudly behind me about how thin Eponine is or how darling Gavroche is, the more I missed my friends, books.

Books are more of an escape from our current worlds than any movie or television show could ever be. Yes, movies can take you far away from your world, but the person chewing loudly on popcorn across the theater can bring you right back to where you started. Watching a movie with just one other person can also take away from the story due to open dialogue between the viewers, interjecting about things from costume design and props to the quality of the actors. Even watching a movie alone cannot take you as far away as a book can because they are painting a picture for you, rather than allowing you to use your imagination to create a new world and new cast of characters by yourself.

Books, however, can take the reader completely out of their current world for as long as the reader will allow. Unlike watching a movie, reading a book is extremely personal because every reader has a different experience, from how they envision the protagonist or imagine the scenery to what they take away from the story. Reading also prohibits outside interference such as annoying comments about costume inaccuracies from the stranger sitting behind you in the theater and even the golden nuggets that friends can provide during a movie about how fast they would Sparta kick Gollum into the fiery bowels of Mount Doom. When reading you are isolated in your mind, joining the story, rather than peering in from the sofa with five other people who keep pausing to go use the bathroom.

In light of the new term, it is important that everyone from students to staff and faculty find a few moments to escape their own world and step into another with the assistance of a good read. Enjoying a break from everyday monotony or the extreme tension that classes can provide from either side of the podium is more important than is acknowledged. Books can, if only for a moment, take you to a world where you do not need to worry about scheduling conflicts or terrible lab partners, but to one where you are free to behave how you will, and feel maybe just a little less pressure and a little more at ease.

Readers can contact Jessi at chronicle_newseditor@yahoo.com or (219) 989-2547.

Wrestling

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aawrestling.com

the wrestling. The wrestlers definitely played off the energy of the crowd, whether it was back-talking belligerent fans or calling for them to cheer on a hurt comrade during a tag-team match. This is what allows AAW and its independent brethren to survive; the connection between the fans and the wrestlers. But AAW also happens to have some pretty amazing and extremely dedicated wrestlers.

These wrestlers are treated like a second family when it comes to the fans. During intermission some will walk around and talk to the fans. Some can even be spotted walking the streets before the doors open and would be more than happy to spark up a conversation. That extreme egotistical side that most higher-up professional wrestlers have is mostly gone with these wrestlers. They work outside of this once-a-month weekend job, and can understand where the fans are coming from because they are still just like them. They remember the

fans and treat them well, outside of their ring character of course.

The final fight of the night was an insane match-up between two AAW veterans, Shane Hollister and Silas Young teaming up against Davey Richards and current AAW Heavyweight Champion Michael Elgin. The fight lasted a whopping 18 minutes, but every second of it, from slaps to kicks, kept the audience screaming for more. Wrestlers could be seen flying into barricades, the crowd, over the top rope and into each other. They would just keep jumping back up over and over again giving out chops and tight submission holds to each other. One kick-out after another caused everyone in the house to be at the edge of their seat until a sudden betrayal from Richards on his teammate, Elgin, left the audience shocked.

These athletes put their bodies on the line every night, without the endorsement deals and million dollar contracts of other professional athletes. Their passion comes out when the audience cheers for them or boos them and feeds their characters. They are in it for the love of their profession. Some may think it is not real, but these fans are anything but shy about expressing their love of wrestling.

AAW's next event 'Durdy Deeds' is on Sunday, Feb. 10 at 5 p.m. at Durty Nellie's in Palatine, Ill.

Stroganoff

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website contains recipes to make a fuller, more gourmet meal using TV dinners and packaged meals. Whenever I cook meals from this site, I skip the packaged meals and substitute basic ingredients. To keep my stroganoff healthy, I replaced the frozen Banquet Family Size Salisbury Steak and Brown Gravy dinner with beef

sirloin steaks and turkey gravy. The turkey gravy is completely optional. It creates a thicker sauce when used.

The recipe takes about 25 minutes and is based on a four serving meal which is just enough for a dinner for two with added leftovers for lunch the next day!

Visit www.pucchronicle.com for the full recipe!

The ingredients

3 cups wide egg noodles, dry
2 beef sirloin steaks
1 cup low-sodium beef broth
1 8-oz. can of mushrooms, drained
1/2 cup sour cream
Salt and ground black pepper, to taste

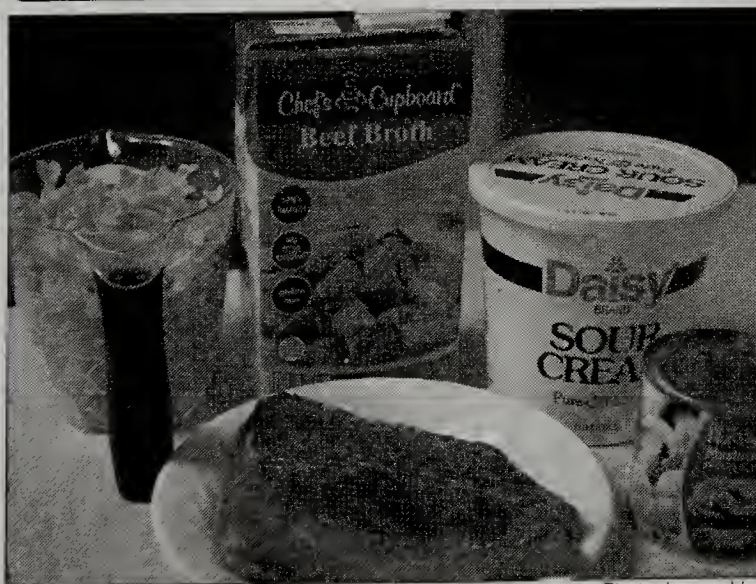


Photo: Lauren Van

The ingredients for Lauren's beef stroganoff

Dodgeball opens intramural season



Photo : Morgan Walker

Joseph Rodriguez is not so fortunate during intramural dodgeball on Jan. 24.



Photo : Morgan Walker

Leslie Easterling (left) aids her team by collecting the balls and supplying them to teammates.

Upcoming intramurals

Air Hockey:
Jan. 29, 6:00 p.m.
FRC Building

3-Point/Free-Throw Contest:
Feb. 4, 7:30 p.m.
PUC Gym

Bowling:
Feb. 5 & 6,
Plaza Lanes in Highland
(Register by Feb. 1)

Texas Hold'em:
Feb. 5, 6:30 p.m.
FRC 105

Indoor Soccer:
Feb. 11, 7:30 p.m.
(Register by Feb. 6)

Upcoming basketball games

Men's basketball

Jan. 30, 7:00 p.m.
Trinity International

Feb. 2, 3:00 p.m.
St. Xavier

Feb 6, 6:30 p.m.
Holy Cross

Feb 9, 3:00 p.m.
Indiana South Bend

Women's basketball

Jan. 30, 5:00 p.m.
Trinity International

Feb. 2, 1:00 p.m.
St. Xavier

Feb 6, 4:30 p.m.
Holy Cross

Feb 9, 5:00 p.m.
Indiana South Bend

SPORTS

Peregrines on the defensive



Alex Starr dribbles down the court.

Photo: Lulu Zhao

Bill Koester
Sports Editor

The winter chill of late has not seemed to have cooled PUC's women's basketball.

After an 11-day break over Christmas, the team closed out 2012 with a win at Indiana University Northwest. The start of

2013, however, saw them stumble a bit, losing back-to-back close contests against Olivet Nazarene and Roosevelt, respectively.

Facing the prospect of a three-game losing streak, the Peregrines got back on the right foot against Trinity Christian on Jan. 8 in front of a home crowd.

The first half was somewhat sloppy on the shooting side for PUC, as they shot 9-32 from the field and 4-14 from behind the three-point line. Fortunately, though, a strong Peregrine defensive effort kept the game to a one-point difference at halftime.

"We tried to put full-court pressure on them, and get them to create some turnovers," Head Coach Tom Megyesi said. "They were putting excellent pressure on us, and forced us to take a lot of outside shots."

The Peregrine shooting awoke in the second half, going 15-38 from the field and 7-18 from the three-point line. Though their opponents well outshot them for the game, PUC was able to claw to a 66-56 win.

Since their first victory of the calendar year, the team has gone 3-1. The first two of those victories saw the Peregrines hold Calumet St. Joseph to 43 points and Judson to 50.

The latest victory, and third consecutive win, came on Jan. 26 against St. Francis.

The game started off with the Peregrines a little sluggish on defense, allowing St. Francis to amass an 11-point lead before the seven-minute mark. From there, though, the team fought back on every shot and possession, and took a 38-36 halftime lead.

Forward Amanda Gaskin attributed the team's comeback to remaining composed and better communication after St. Francis' lead got to the double digits.

PUC's shooting exploded for 48 points in the second half. That was more than enough, as their opponents only got 30 more, bringing the final score to 86-66.

A big chunk of PUC's points came from three-pointers, which they attempted 34 times on the afternoon. 11 of those went in.

The women play Trinity International on Jan. 30 in the Fitness Center.

Watch your head

Julie Sipek
Sports Writer

In a world where athletes are always getting faster and stronger, games are being taken to the next level and injuries are becoming more commonplace. One would be hard pressed to sit through an episode of Sports Center without hearing something about a concussion or head injury.

Last semester, I competed in my final season as a PUC volleyball player. At the start of the season, I was ready to play my heart out every game and end my playing career with a bang. However, on our second day of competition, I was hit in the face with the ball after the other team attacked it. I suffered a concussion that sidelined me for the following three and a half weeks.

A concussion can also be known as a mild traumatic brain injury. Some concussions can be mild and the athlete may not lose consciousness, but even these can rattle the brain enough to produce adverse effects.

Symptoms of a concussion can vary depending on the athlete and injury, but may include nausea, trouble balancing, sensitivity to light and sound, severe headaches, dizziness, memory problems and irritability.

After being hit with the ball, I had an extremely difficult time getting to where the ball was for the rest of the match. This was because my pupils were not dilating or tracking the moving ball properly and resulted in impaired depth perception, another common symptom of a concussion.

After visiting the concussion clinic at Community Hospital in Munster, I learned that the only way to treat a concussion is to rest and give it time. This was perhaps the most frustrating part of my injury. There was absolutely nothing I could do to speed up the recovery.

The reason many athletes suffer several concussions is because they often go back to competing long before they have completely healed. This leaves the brain more susceptible to another injury. If an athlete incurs several concussions within a short period of time, it is possible that they could have permanent difficulty with concentration or memory later in life.

This year, PUC had all athletes participate in what is called an Impact test. This tests the athletes' reaction times and other mental capacities, and records each individual's normal standard for comparison to reference should someone receive a concussion. Knowing the athletes' healthy reaction times lets the athletic trainer know when the students can safely go back to competing after a concussion.

If you think you may have suffered a concussion outside of organized sports, it is best to have an athletic trainer or medical professional evaluate you promptly to avoid further damage. An injury to the brain, like a concussion, is nothing to shake your head at.



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